

# Cook Along

**Description:** Cuisines from the Former Soviet Union republics.

**Format:** Classes are offered in the online, cook-along format.

**Duration:** 6 classes, 90 minutes each.

## Lesson 1 – Classic Russian Cuisine

- Borscht
- Meat Pie (store bought dough)

## Lesson 2 – Uzbek Cuisine

- Shakarab (tomato salad)
- Plov (rice pilaf)

## Lesson 3 – Classic Russian Cuisine 2

- Sorrell soup
- Beef Stroganoff

## Lesson 4 – Far East Cuisine

- Korean Carrot Salad
- Lagman (Uighur noodles)

## Lesson 5 – Pickles

- Eggplant
- Sour Cabbage two ways

## Lesson 6 – Dessert

- Apple Sharlottka ( Russian Style Charlotte Cake)
- “Pahlava” (Baklava)